



## HEART OF A CHAMPION: MONDAY

6:30-8:00 A.M.	CHECK IN, BREAKFAST & QUIET TIME	
8:00-8:10 A.M.	BATHROOMS & SUNSCREEN	
8:10-10:20 A.M.	OUTDOOR PLAY	
10:20-10:30 A.M.	WASH HANDS, REFILL WATERS	
10:30-11:00 A.M.	MORNING SNACK	
11:00-11:50 A.M.	INDOOR PLAY & LEARNING ACTIVITIES	
11:50-12:00 P.M.	WASH HANDS	
12:00-12:45 P.M.	LUNCH	
12:45-1:00 P.M.	BATHROOM/WATER REFILL	
1:00-1:30 P.M.	QUIET TIME	
1:35-2:00 P.M.	4 CORNERS	HORSE/PIG
2:05-2:30 P.M.	HORSE/PIG	4 CORNERS
2:35-3:00 P.M.	<u>SPORTS WORD SEARCH</u>	FOOTBALL TARGET PRACTICE
3:05-3:30 P.M.	<u>FOOTBALL TARGET PRACTICE</u>	SPORTS WORD SEARCH
3:30-4 P.M.	SNACK	
4:00-6:00 P.M.	QUIET TIME (BOARD GAMES, CARDS, COLORING)	





## HEART OF A CHAMPION: TUESDAY

6:30-8:00 A.M.	CHECK IN, BREAKFAST & QUIET TIME	
8:00-8:10 A.M.	BATHROOMS & SUNSCREEN	
8:10-10:20 A.M.	OUTDOOR PLAY	
10:20-10:30 A.M.	WASH HANDS, REFILL WATERS	
10:30-11:00 A.M.	MORNING SNACK	
11:00-11:50 A.M.	INDOOR PLAY & LEARNING ACTIVITIES	
11:50-12:00 P.M.	WASH HANDS	
12:00-12:45 P.M.	LUNCH	
12:45-1:00 P.M.	BATHROOM/WATER REFILL	
1:00-1:30 P.M.	QUIET TIME	
1:35-2:00 P.M.	KICKBALL	BUZZER BEATER
2:05-2:30 P.M.	<u>BUZZER BEATER</u>	KICK BALL
2:35-3:00 P.M.	<u>PAPER PLATE FRISBEES</u>	STRIKE OUT TAG
3:05-3:30 P.M.	<u>STRIKE OUT TAG</u>	PAPER PLATE FRISBEES
3:30-4 P.M.	SNACK	
4:00-6:00 P.M.	QUIET TIME (BOARD GAMES, CARDS, COLORING)	





## HEART OF A CHAMPION: WEDNESDAY

6:30-8:00 A.M.	CHECK IN, BREAKFAST & QUIET TIME	
8:00-8:10 A.M.	BATHROOMS & SUNSCREEN	
8:10-10:20 A.M.	OUTDOOR PLAY	
10:20-10:30 A.M.	WASH HANDS, REFILL WATERS	
10:30-11:00 A.M.	MORNING SNACK	
11:00-11:50 A.M.	INDOOR PLAY & LEARNING ACTIVITIES	
11:50-12:00 P.M.	WASH HANDS	
12:00-12:45 P.M.	LUNCH	
12:45-1:00 P.M.	BATHROOM/WATER REFILL	
1:00-1:30 P.M.	QUIET TIME	
1:35-2:00 P.M.	FOOTBALL	BASKETBALL
2:05-2:30 P.M.	BASKETBALL	FOOTBALL
2:35-3:00 P.M.	<u>POOL NOODLE JOUSTING</u>	DOWN DOWN DOWN
3:05-3:30 P.M.	<u>DOWN DOWN DOWN</u>	POOL NOODLE JOUSTING
3:30-4 P.M.	SNACK	
4:00-6:00 P.M.	QUIET TIME (BOARD GAMES, CARDS, COLORING)	





## HEART OF A CHAMPION THURSDAY

6:30-8:00 A.M.	CHECK IN, BREAKFAST & QUIET TIME	
8:00-8:10 A.M.	BATHROOMS & SUNSCREEN	
8:10-10:20 A.M.	OUTDOOR PLAY	
10:20-10:30 A.M.	WASH HANDS, REFILL WATERS	
10:30-11:00 A.M.	MORNING SNACK	
11:00-11:50 A.M.	INDOOR PLAY & LEARNING ACTIVITIES	
11:50-12:00 P.M.	WASH HANDS	
12:00-12:45 P.M.	LUNCH	
12:45-1:00 P.M.	BATHROOM/WATER REFILL	
1:00-1:30 P.M.	QUIET TIME	
1:35-2:00 P.M.	OBSTACLE COURSE	NOODLE JAVELIN THROW
2:05-2:30 P.M.	<u>NOODLE JAVELIN THROW</u>	OBSTACLE COURSES
2:35-3:00 P.M.	<u>HEAD SHOULDERS KNEES AND CONE</u>	ACT IT OUT
3:05-3:30 P.M.	<u>ACT IT OUT</u>	HEAD SHOULDERS KNEES AND CONE
3:30-4 P.M.	SNACK	
4:00-6:00 P.M.	QUIET TIME (BOARD GAMES, CARDS, COLORING)	





## FRIDAY

**EDUCATIONAL  
FOCUS: READING**

# HEART OF A CHAMPION

6:30-8:00 A.M.	CHECK IN, BREAKFAST & QUIET TIME (MOVIE, BOOKS, COLORING, CARDS)	
8:00-8:10 A.M.	BATHROOMS & SUNSCREEN	
8:10-10:20 A.M.	OUTDOOR PLAY (KICKBALL, SLAM BALL, SWINGS, VOLLEYBALL)	
10:20-10:30 A.M.	WASH HANDS, REFILL WATERS	
10:30-11:00 A.M.	MORNING SNACK	
11:00-11:50 A.M.	INDOOR PLAY (INCLUDING BOOTCAMP OBSTACLE COURSE)	
11:50-12:00 P.M.	WASH HANDS	
12:00-12:45 P.M.	LUNCH	
12:45-1:00 P.M.	BATHROOM/WATER REFILL	
1:00-1:30 P.M.	QUIET TIME (INDEPENDENT READING, STORY TIME, WRITING & DRAWING)	
1:35-2:00 P.M.	BATTING CAGES/TEES	FRISBEE GOLF
2:05-2:30 P.M.	FRISBEE GOLF	BATTING CAGES/TEES
2:35-3:00 P.M.	BOOTCAMP OBSTACLE COURSE RACES	HUNGRY HUNGRY HIPPO
3:05-3:30 P.M.	<u>HUNGRY HUNGRY HIPPO</u>	BOOTCAMP OBSTACLE COURSE RACES
3:30-4 P.M.	SNACK	
4:00-6:00 P.M.	QUIET TIME (MOVIE, BOARD GAMES, CARDS, COLORING)	

